

Gynostemma Pentaphyllum (Jiaogulan) GrowFlow™

This is an annual or short-lived perennial. It is a climbing plant, attaching itself to supports with its tendrils. Its glossy green leaves consist of 3-7 leaflets. Small white flowers appear in summer, followed by black globose fruit. It grows up to 80cm (32") high a year. "Jiaogulan" is a member of the Cucurbit family and it is native to Japan and Korea. The plant sheds its leaves in the winter time.

Point of Sale

"Jiaogulan" is an important health plant in Chinese therapy and was rated among the ten most important tonic herbs at 1991 conference on a traditional medicines held in Beijing. It is said to improve blood circulation, stimulate liver function, strengthens the immune and nervous systems, and reduce blood sugar and cholesterol levels. It has Ginseng-like properties.



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Plant Characteristics

Growth Habit	Trellising
USDA Hardiness Zone	8
Plant Height	80 CM
Flowering Period	Summer
Flower Color	

Growing Information

Planting Time	All year
Watering	Ample
Light Exposure	Full Sun
Growing Temp (°C)	16 (night), 24 (day)

Plant Order Specs

Available As	Conventional
Sales Area	EU,North America – URC Only
Quantity Per Bag	100
Propagation Units	Rooted Cuttings,Unrooted Cuttings
Ordering Period	All year round
Lead Time	6 Weeks
Tray	153 cells
Pinched RC Plant	No

Recommended Pot Sizes (for retailers)

Recommended Pot Sizes (for retailers)	Weeks	Product Status
1L	6	