



Treasure Island

WHEN BEAUTY MEETS FLAVOR





Treasure Island™

Sweet Potatoes

The crown jewel of superfoods

When Spanish explorers first arrived in South America in search of gold and jewels, they didn't expect to find the sweet potato; a delicious buried treasure that has turned into **the world's seventh most important crop**.

In recent years, as we've become more health conscious, we've discovered that sweet potatoes are a superfood. They're rich in vitamins and high in fiber, and their minerals and antioxidants help prevent heart disease and cancer.

The vegetable that growers love

Histil is proud to present hobby growers with a new garden treasure: Treasure Island™ sweet potato tubers that vary in shape and colour. All sweet potatoes in the series were bred at the LSU Ag Center and were found to be top performers based on taste evaluations conducted there. Both tubers and foliage are edible and delicious.

And perhaps the best news of all, at least for growers, is that Treasure Island sweet potatoes are easy to grow. They grow over a wide range of climatic conditions and make efficient use of soil nutrients. In addition, their lovely foliage is both attractive and edible, making sweet potatoes attractive to hobby growers.

Each variety of Treasure Island sweet potatoes gets its name from a beautiful island in French Polynesia.

With the popularity of sweet potatoes around the world and their ability to alleviate food shortages and malnutrition, sweet potatoes are in no way rare treasures. They are however, the crown jewel of superfoods.



Kaukura

Sweet

Potato

The treasure that's bursting with flavour

The Kaukura sweet potato is rich in beta carotene, and it's delicious. Its edible, heart-shaped, deep-purple leaves, light-orange skin and vibrant orange flesh are bursting with flavor, making it ideal in a smoothie or as a juice, for cooking, or grated like carrot in a salad. However prepared, the Kaukura sweet potato delights taste buds.





Makatea

Sweet

Potato

Extraordinary sweetness that's good for you

The very light orange skin and white flesh of the Makatea sweet potato make it ideal for Asian and Caribbean dishes; its edible yellow-green, heart-shaped, chartreuse foliage is an excellent addition to mixed salads. As a garden plant, it is a vigorous climber, and can add wonderful shade to any garden. The Makatea sweet potato adds delicious sweetness to every dish. You might just forget that it's also good for you.





Manihi Sweet Potato

Healthy deliciousness

With edible, deep-purple, maple-leaf reminiscent leaves, its orange skin and light orange flesh, the Manihi sweet potato boasts exquisite taste and health benefits. Like the Kaukura sweet potato, it's ideal in a smoothie or as a juice, for cooking or grated like carrot in a salad. The Manihi sweet potato is the perfect choice for sweet and healthy deliciousness.





Tatakoto

Sweet

Potato

A paradise of beauty and deliciousness

Beautiful, healthy and delicious, this extraordinary sweet potato has green, purple-veined finger-shaped foliage, purple skin and orange flesh. It is abundant in beta carotene and has anthocyanin-rich skin. The Tatakoto sweet potato combines taste and beauty, making it a real treasure for growers.





Tahiti Sweet Potato

The delicious, sweet purple jewel

Named after the largest island in French Polynesia, known for its high mountains and surrounding coral reefs, the Tahiti sweet potato is abundant in health-promoting benefits that are delivered through its edible and narrow, dark-green, finger-shaped foliage and its rich purple skin and flesh. The Tahiti sweet potato is the delicious purple jewel growers can't get enough of.



Growing Recommendations:



Pot size: 10-13 cm liner to be transplanted in garden bed or large (10L up) containers.



Sun exposure: Full sun



Water requirement: Medium



Hardiness zone (USA): Zone 9-11



Flowering time: Rarely flowers



Growing temp.: min 10°C



Planting time: Spring and early summer (frost-free season)



Spacing: 40 cm



Crop time: *Tubers harvest approximately three months from planting in the soil.



Pinching: No need

Remarks:

Sweet potato grows best in light yet enriched soils.

*Based on common practice in Israel



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